



**FROM KATHARINE HOUSE HOSPICE, ADDERBURY**

For inclusion in your August edition  
(By email)

We may be halfway through the year, but there are still plenty of ways to get involved and events to enjoy. Your support helps us to make every moment matter for local people living with a life-limiting illness. We couldn't do it without you! Below is just some of what's coming up in the next few months.

### **Singing for the Soul**

We're excited to launch an informal singing group starting September 2023 as part of our Living Well offering. Sessions are free and open to anyone with a life-limiting illness, their family members or those who have experienced bereavement within the last two years. No experience necessary and no auditions – just singing for the joy of it! Call 01295 228500 for more details and to register your interest.

### **A way to remember**

Our stunning Celebration Tree is an amazing way to remember the life of someone special. Taking pride of place in our reception area, our specially commissioned rose tree celebrates the lives of loved ones and is a wonderful way to mark a special occasion, like a birthday or anniversary. Every engraved leaf and rose helps to support specialist end-of-life care across our community. Find out more about how you can arrange a leaf or rose dedication here: [www.khh.org.uk/celebration-tree](http://www.khh.org.uk/celebration-tree).

### **Challenge accepted**

As part of our relaunched Accumulator Challenge, we're asking teams to grow £50 into as much money as they can between 16 October 2023 and 16 February 2024 – and we have just 20 spaces available. This is your chance to compete to be crowned the Ultimate Accumulator or win the coveted prize of the Ultimate Innovator! We're so excited for the return of this popular event and can't wait to see all the creativity and friendly competition in aid of Katharine House. Why not inject a little fun into the workplace, classroom or local community space and sign up to our Accumulator Challenge today? [www.khh.org.uk/accumulator](http://www.khh.org.uk/accumulator)

### **The value of volunteering**

We have some brilliant new volunteering opportunities available right across Katharine House. As well as helping our hospice and your local community, it's a great way to learn new skills, make some friends and improve your wellbeing. If you're interested in finding out more, take a look at our website to discover some of the varied volunteering roles available. [www.khh.org.uk/volunteer](http://www.khh.org.uk/volunteer)

### **Put the fun in FUNdraising**

Fundraising can be as easy as ABC... In fact, we have an A-Z of fundraising ideas. If you're keen to help raise money for our hospice, but not quite sure how, then check out some of the great suggestions. You can also download our free Fundraising Kit with top tips, inspiration and advice on how to make your event a huge success. Don't forget to let us know what you're doing to raise money for our hospice – we love to hear what our supporters get up to! [www.khh.org.uk/fundraising](http://www.khh.org.uk/fundraising)

### **Digital monthly newsletter – keep up to date with your local hospice**

Sign up to receive our Katharine House digital monthly newsletter and keep in touch with all our latest news and fundraising events at the hospice. [www.khh.org.uk/newsletter](http://www.khh.org.uk/newsletter)

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